



Directions:

- ① With Right Sides Facing sew lining to fabric at front and back waist and leg openings. Turn and press.
- ② Sew casings for elastic $\frac{3}{8}$ " from edge of waist and leg openings.
- ③ Insert elastic. Sew side seams. Finish seam with zigzag or serger.
- ④ Hand stitch seam towards back at waist and legs.